

THE TRANSITION PLANNING PROCESS

- ◇ Vocational Assessment
 - Figuring out jobs and careers of interest and assessing skills.
- ◇ Post-School Goals
 - Case manager assists student to identify their dreams and goals for the future:
 - ❖ Independent Living – Where s/he expects to live: with parents, in own apartment, home etc.
 - ❖ Training – Will s/he attend an adult training program—ie. ROP, technical or vocational school, etc.?
 - ❖ Education – Will s/he attend community or four-year college?
 - ❖ Employment – What careers is s/he interested in?
- ◇ Annual Goals are set to work toward the above outcomes
- ◇ Services are planned to address the goals
- ◇ Adult agencies are discussed



RESOURCES AVAILABLE FOR FAMILIES

- ❖ Description of Public Agencies
- ❖ Director of Services for Adults with Disabilities
- ❖ Family Transition Training
- ❖ Going to College or Thinking About It?
- ❖ Information Alert for Parents of Special Education Students
- ❖ Transition Checklist for parents
 - ❖ All are available for free to parents of special education students
 - ❖ Call (805) 437-1560 or go to our website:
www.venturacountyselpa.com
Click on “Transition to Adult Life”, then “Information for Families”
 - ❖ Also go to “Adult Agencies” for information on adult agencies

For more information contact your child’s special education case manager. They will work with the student on their transition plan.

**Your child’s
Case Manager:**

Ventura County Special
Education Local Plan Area
(SELPA)

CAUTION . . .
Adult Life Ahead
(805) 437-1560

A Parent's Guide To Planning for Transition to Adult Life For Special Education Students -



Fran Arner-Costello, Director, Programs &
Services
farnerco@vcoe.org

Mary E. Samples, Assistant Superintendent
msamples@vcoe.org

WHY IS TRANSITION PLANNING IMPORTANT?



Transition planning is important because it helps the student, their family and school staff focus on success after leaving school. Some students with disabilities leave after 12th grade, others continue until the 22nd birthday.



Good transition planning helps students:

- ❖ Learn to advocate for themselves.
- ❖ Set goals for work, higher education and community living.
- ❖ Participate in activities and experiences to assist in achieving their goals.
- ❖ Know what adult services are available.
- ❖ Make connections to needed adult services.

WHO IS ELIGIBLE FOR TRANSITION PLANNING?



Any student in special education who is 15 years or older is required to have transition planning included as part of their IEP (Individualized Education Program).

This should be based on appropriate assessment and the student's dreams for the future. Goals and services are developed to address these dreams.

WHO SHOULD BE INVOLVED IN TRANSITION PLANNING?



Transition is a group process involving the student, school staff and the family. Non-school adult service agencies may also assist with transition planning.

The student is the most important individual in the planning process. The student must be invited to the IEP meeting. If he or she does not attend, the team must note **how** they got the student's input.

WHAT IS YOUR ROLE AS A PARENT?

As a parent, you have a vital role in transition planning. No one knows your student as well as you do.



Talk frequently with your son or daughter about what they want to do with their life. Talk to them about their aspirations and goals. It is important to let students dream, but, at the same time, help them set realistic goals. Encourage your son or daughter to be as independent as possible.

Stay in communication with school staff regarding transition. Find out what things they are doing to assist your son or daughter to address transition issues.

As a parent, find out as much as you can about community services and non-school agencies which can provide services to your son or daughter as they make the transition from high school to adult life.

Ventura County SELPA
5100 Adolfo Road
Camarillo, CA 93012
www.venturacountyselpa.com

For FREE copies of transition booklets call (805) 437-1560:

- ❖ *Family Transition Planning* or
- ❖ *Ventura County Transition Program Adult Resource Directory*