

Ventura County Transition Project
STUDENT/PARENT TRANSITION CHECKLIST

For Post-School Transition Planning

The following is a checklist of transition activities to consider when preparing for the transition section of the IEP. The students' skills and interests will determine which items on the checklist are relevant. Use this checklist as a guide for developing transition activities to be included in the IEP. It can help identify who should be part of the IEP team. Responsibility for carrying out the specific activities should be determined at the IEP meeting.

Three to Four Years Before Leaving the School District

- Identify personal learning styles and the necessary accommodations to be a successful learner and worker.
- Identify career interests and skills through the use of inventories.
- Identify education and training requirements for the interest areas.
- Explore options for postsecondary education, including admission and requirements.
- Learn to communicate your interests, preferences, and needs effectively.
- Be able to discuss your disability and the accommodations you need.
- Learn and practice informed decision-making skills.

Two Years Before Leaving the School District

- Gather more information on postsecondary programs and support services.
- Identify community support services and programs that could assist you with transition to adult life.
- Invite possible adult service providers to the IEP meeting.
- If appropriate, make arrangement to take college admission exams.
- Match career interests and skills with vocational coursework and community work experiences.
- Begin a resume and update it as needed.
- Determine the need for financial support and contact agencies that could provide you with this support.
- Explore legal status with regards to decision-making prior to age of majority (18 years old).
- If needed, identify needed personal assistant services.

One Year Before Leaving the School District

- Identify the postsecondary school or training program you plan to attend.
- Specify desired job and obtain paid employment with supports as needed.
- If you have not done so yet, apply for financial support programs.
- Pursue and use local transportation options.
- If you are 18, register to vote and if male, register for the selective service.