

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
1	4223	match names (days of week, months)		Self Help/ Domestic Calendar
2	4224	locate names on request (days of week, months)		Self Help/ Domestic Calendar
3	4225	name days of week		Self Help/ Domestic Calendar
4	4226	name months of year		Self Help/ Domestic Calendar
5	4227	locate current (day, date)		Self Help/ Domestic Calendar
6	4228	name current (day, date)		Self Help/ Domestic Calendar
7	4229	locate (tomorrow's, yesterday's) (day, date)		Self Help/ Domestic Calendar
8	4230	(point to, identify) abbreviations of (days, months)		Self Help/ Domestic Calendar
9	4231	identify (work, school) days		Self Help/ Domestic Calendar
10	4232	identify (weekend, vacation) days		Self Help/ Domestic Calendar
11	4233	identify birthdays and special occasion days		Self Help/ Domestic Calendar
12	4234	identify major holidays		Self Help/ Domestic Calendar
13	4235	identify days of personal meetings, appointments, etc.		Self Help/ Domestic Calendar
14	4236	identify day(s) of deadlines of assignments, exams, etc.		Self Help/ Domestic Calendar

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
15	4237	identify days when bills, payments are due		Self Help/ Domestic Calendar
16	4238	identify pay day		Self Help/ Domestic Calendar
17	4239	identify written amount of item needed on label or recipe		Self Help/ Domestic Cooking: measurement
18	4240	measure liquids in increments of two cups or less		Self Help/ Domestic Cooking: measurement
19	4241	measure dry ingredients in single quantities of one cup or less		Self Help/ Domestic Cooking: measurement
20	4242	use measuring spoon to measure (dry, wet) ingredients		Self Help/ Domestic Cooking: measurement
21	4243	identify the necessary items to make a snack/meal by naming when pointed to		Self Help/ Domestic Cooking: preparing food
22	4244	identify the necessary materials needed to make a snack/meal by pointing to when named		Self Help/ Domestic Cooking: preparing food
23	4245	identify appliance needed to make a snack/meal		Self Help/ Domestic Cooking: preparing food
24	4246	match item to be cooked with appropriate kitchen item/utensil (spatula, grater, knife, cutting board, etc.)		Self Help/ Domestic Cooking: preparing food
25	4247	given kitchen utensil, demonstrate appropriate usage		Self Help/ Domestic Cooking: preparing food
26	4248	given kitchen appliance, (stove, oven, electric skillet, blender, toaster, coffee maker) make (appropriate adjustments/dial settings/temperature settings)		Self Help/ Domestic Cooking: preparing food
27	4249	use timer (digital/numeric) by setting time and responding when it goes off		Self Help/ Domestic Cooking: preparing food
28	4250	demonstrate use of a timer on a microwave or stove by setting it and responding when it goes off		Self Help/ Domestic Cooking: preparing food

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
29	4251	prepare a sandwich		Self Help/ Domestic Cooking: preparing food
30	4252	prepare a snack by spreading item on crackers or bread		Self Help/ Domestic Cooking: preparing food
31	4253	prepare a snack by cutting (carrots, celery, fruit, etc.)		Self Help/ Domestic Cooking: preparing food
32	4254	assist in preparing a snack by turning on an appliance (microwave, toaster, blender, etc.)		Self Help/ Domestic Cooking: preparing food
33	4255	identify appropriate time to make a snack (by event in day, using clock, matching clock)		Self Help/ Domestic Cooking: preparing food
34	4256	make a frozen meal in the microwave		Self Help/ Domestic Cooking: preparing food
35	4257	plan (breakfast, lunch, dinner and/or snack) by identifying appropriate foods		Self Help/ Domestic Cooking: preparing food
36	4258	prepare a snack/meal using a (picture, written) recipe		Self Help/ Domestic Cooking: preparing food
37	4259	prepare 5 meals at home from shopping to serving		Self Help/ Domestic Cooking: preparing food
38	4260	cooperate with dressing/undressing (relax body, extend body part)		Self Help/ Domestic Dressing
39	4261	remove socks		Self Help/ Domestic Dressing
40	4262	remove (underpants, unfastened pants)		Self Help/ Domestic Dressing
41	4263	remove unfastened (jacket, sweater)		Self Help/ Domestic Dressing
42	4264	put on (T-shirt, sweatshirt, dress)		Self Help/ Domestic Dressing

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
43	4265	put on (jacket, sweater)		Self Help/ Domestic Dressing
44	4266	put on shoes		Self Help/ Domestic Dressing
45	4267	fasten/unfasten (Velcro tabs, buttons- large, small, zippers, snaps, buckles, hooks)		Self Help/ Domestic Dressing
46	4268	(tie, untie) shoes		Self Help/ Domestic Dressing
47	4269	thread belt through belt loops		Self Help/ Domestic Dressing
48	4270	turn clothing inside out		Self Help/ Domestic Dressing
49	4271	turn clothing right side out		Self Help/ Domestic Dressing
50	4272	identify various types of clothing (point to, name)		Self Help/ Domestic Dressing
51	4273	check weather conditions and select appropriate clothes		Self Help/ Domestic Dressing
52	4274	choose clothing appropriate to activity or event		Self Help/ Domestic Dressing
53	4275	drink when cup is placed between lips		Self Help/ Domestic Drinking
54	4276	drink maintaining lip closure on cup when cup is placed on lips		Self Help/ Domestic Drinking
55	4277	drink holding cup in both hands if cup is placed in both hands		Self Help/ Domestic Drinking
56	4278	pick up cup, drink, and replace cup on table		Self Help/ Domestic Drinking

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
57	4279	drink from straw in container		Self Help/ Domestic Drinking
58	4280	open milk/juice carton, place straw and drink		Self Help/ Domestic Drinking
59	4281	fill cup from open container		Self Help/ Domestic Drinking
60	4282	open container (carton, Thermos) and fill cup		Self Help/ Domestic Drinking
61	4283	fill glass from faucet at sink		Self Help/ Domestic Drinking
62	4284	activate and drink water from fountain		Self Help/ Domestic Drinking
63	4285	pick up toys and put away in designated place		Self Help/ Domestic Housekeeping
64	4286	dust furniture (cloth, polish, duster)		Self Help/ Domestic Housekeeping
65	4287	sweep floor using broom and dustpan (regular broom, push broom)		Self Help/ Domestic Housekeeping
66	4288	wash floor (mop, by hand with sponge)		Self Help/ Domestic Housekeeping
67	4289	wax floor (mop, by hand)		Self Help/ Domestic Housekeeping
68	4290	clean a mirror, window using spray cleaner		Self Help/ Domestic Housekeeping
69	4291	vacuum floor (upright, canister, hand-held, carpet sweeper)		Self Help/ Domestic Housekeeping
70	4292	clean (sink, tub, toilet)		Self Help/ Domestic Housekeeping

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
71	4293	empty waste basket (locate place to dump, return, put in new liner)		Self Help/ Domestic Housekeeping
72	4294	replace toilet paper (locate supplies, release, load, remount)		Self Help/ Domestic Housekeeping
73	4295	change a bed (strip, obtain clean linens, put on sheets, blankets, spread, pillow cases)		Self Help/ Domestic Housekeeping
74	4296	wash off tables and counters (sponge, dish rag)		Self Help/ Domestic Housekeeping
75	4297	make a bed (straighten, smooth sheets, blanket, bedspread, pillows)		Self Help/ Domestic Housekeeping
76	4298	take bath (water in tub, use stopper, adjust water temperature, wash all body parts, hair, follow schedule/routine)		Self Help/ Domestic Hygiene: bath wash
77	4299	apply skin lotion/use Chapstick		Self Help/ Domestic Hygiene: Chapstick
78	4300	apply deodorant spray/roll on (correct position, correct amount, correct body area) in privacy		Self Help/ Domestic Hygiene: deodorant
79	4301	open mouth to allow gauze/NUK stimulation		Self Help/ Domestic Hygiene: grooming
80	4302	brush/comb hair (use clips, bows, head bands)		Self Help/ Domestic Hygiene: hair grooming
81	4303	apply makeup (blush, eye shadow, eye liner, mascara, lipstick, liquid makeup)		Self Help/ Domestic Hygiene: makeup
82	4304	take care of menstrual needs (pad, change as needed, dispose of properly; tampon, change as needed, dispose of properly)		Self Help/ Domestic Hygiene: menstrual
83	4305	care for nails (brush to clean, blade under nails, clippers, file, scissors, polish and polish remover)		Self Help/ Domestic Hygiene: nails
84	4306	shave face/legs (electric, manual)		Self Help/ Domestic Hygiene: shaving

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
85	4307	take shower (turn on water, close shower door, adjust water temperature, wash all body parts, follow schedule/routine)		Self Help/ Domestic Hygiene: shower wash
86	4308	use sink faucet (turn off/on, control temperature, determine hot/cold)		Self Help/ Domestic Hygiene: sink
87	4309	open mouth to allow tooth brushing		Self Help/ Domestic Hygiene: tooth brushing
88	4310	grasp toothbrush, bring to mouth (wet, no toothpaste) and brush teeth (amount of time)		Self Help/ Domestic Hygiene: tooth brushing
89	4311	brush teeth (apply toothpaste, upper, lower, left/right quadrant, rinse, spit, use timing device, floss, mouthwash)		Self Help/ Domestic Hygiene: tooth brushing
90	4312	wash face		Self Help/ Domestic Hygiene: wash face
91	4313	eat using fork to pick up food by piercing/stabbing		Self Help/ Domestic Hygiene: wash face
92	4314	wash hair (tub, bath, sink)		Self Help/ Domestic Hygiene: wash hair
93	4315	dry hair (blow dryer, towel)		Self Help/ Domestic Hygiene: wash hair
94	4316	determine if clothing is clean/dirty		Self Help/ Domestic Laundry
95	4317	sort clothes to wash (white, colored, dark, delicate)		Self Help/ Domestic Laundry
96	4318	wash clothing item by hand		Self Help/ Domestic Laundry
97	4319	load washing machine, distribute clothes		Self Help/ Domestic Laundry
98	4320	measure/pour laundry soap		Self Help/ Domestic Laundry

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
99	4321			Self Help/ Domestic Laundry
100	4322			Self Help/ Domestic Laundry
101	4323			Self Help/ Domestic Laundry
102	4324			Self Help/ Domestic Laundry
103	4325			Self Help/ Domestic Laundry
104	4326			Self Help/ Domestic Laundry
105	4327			Self Help/ Domestic Laundry
106	4328			Self Help/ Domestic Laundry
107	4329			Self Help/ Domestic Laundry
108	4330			Self Help/ Domestic Laundry
109	4331			Self Help/ Domestic Self-care
110	4332			Self Help/ Domestic Self-care
111	4333			Self Help/ Domestic Self-care
112	4334			Self Help/ Domestic Self-care

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
113	4335	cover mouth when sneezing		Self Help/ Domestic Self-care
114	4336	blow into tissue when requested by care giver		Self Help/ Domestic Self-care
115	4337	use facial tissue to blow nose		Self Help/ Domestic Self-care
116	4338	monitor own diet (calories, fluids, salt, fats		Self Help/ Domestic Self-care
117	4339	monitor own glucose level according to doctor's instructions		Self Help/ Domestic Self-care
118	4340	ingest required nutrients when needed as indicated by blood sugar level		Self Help/ Domestic Self-care
119	4341	administer own insulin shots when needed, under supervision of (nurse, health aide, teacher)		Self Help/ Domestic Self-care
120	4342	point to body part if irritated or painful		Self Help/ Domestic Self-care
121	4343	keep glasses on as appropriate		Self Help/ Domestic Self-care
122	4344	keep hearing aids on as appropriate		Self Help/ Domestic Self-care
123	4345	put on own seat belt in wheelchair		Self Help/ Domestic Self-care
124	4346	keep on orthotics as per doctor's orders		Self Help/ Domestic Self-care
125	4347	make a (doctor, dental) appointment		Self Help/ Domestic Self-care
126	4348	show Health Insurance Card upon request		Self Help/ Domestic Self-care

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
127	4349	turn head to mid line while being fed		Self Help/ Domestic Self-Care: eating
128	4350	open mouth to allow spoon to be inserted, and swallow		Self Help/ Domestic Self-Care: eating
129	4351	swallow variety of textures (mushy, solid, crunchy)		Self Help/ Domestic Self-Care: eating
130	4352	finger feed self finger food placed in hand		Self Help/ Domestic Self-Care: eating
131	4353	feed self finger food		Self Help/ Domestic Self-Care: eating
132	4354	remove food from wrapper		Self Help/ Domestic Self-Care: eating
133	4355	eat one bite-sized piece of food at a time, and finish chewing before taking another bite		Self Help/ Domestic Self-Care: eating
134	4356	pass requested food item to person sitting next to him/her		Self Help/ Domestic Serving
135	4357	pass requested item without spilling		Self Help/ Domestic Serving
136	4358	serve self from bowl/plate		Self Help/ Domestic Serving
137	4359	serve self by requesting desired item		Self Help/ Domestic Serving
138	4360	serve food by carrying plates/ items from preparation area to serving area using oven mitts when necessary		Self Help/ Domestic Serving
139	4361	wait in line, hold tray and serve self from cafeteria choices		Self Help/ Domestic Serving
140	4362	serve self from a buffet by making requests of the server		Self Help/ Domestic Serving

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
141	4363	serve self from a buffet by taking appropriate amounts of food		Self Help/ Domestic Serving
142	4364	serve others from a buffet, locating requests		Self Help/ Domestic Serving
143	4365	identify table setting materials by locating requested items		Self Help/ Domestic Setting clearing table
144	4366	identify table setting materials by matching to sample type		Self Help/ Domestic Setting clearing table
145	4367	identify table setting materials by naming items		Self Help/ Domestic Setting clearing table
146	4368	set table by placing items in the appropriate area of the table		Self Help/ Domestic Setting clearing table
147	4369	choose which table items are necessary for the food being served		Self Help/ Domestic Setting clearing table
148	4370	set own place at table		Self Help/ Domestic Setting clearing table
149	4371	set table by creating a setting for each person who be eating		Self Help/ Domestic Setting clearing table
150	4372	clear eating area, carrying/placing items in dish container or sink		Self Help/ Domestic Setting clearing table
151	4373	throw away own trash		Self Help/ Domestic Setting clearing table
152	4374	use damp sponge to wipe eating area		Self Help/ Domestic Setting clearing table
153	4375	repeat phone number		Self Help/ Domestic Telephone
154	4376	trace phone number		Self Help/ Domestic Telephone

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
155	4377 write phone number			Self Help/ Domestic Telephone
156	4378 say/carry/show phone number upon request			Self Help/ Domestic Telephone
157	4379 locate phone book			Self Help/ Domestic Telephone
158	4380 locate desired number in phone book			Self Help/ Domestic Telephone
159	4381 identify emergency phone numbers			Self Help/ Domestic Telephone
160	4382 locate numbers on phone on request (rotary, push button)			Self Help/ Domestic Telephone
161	4383 dial phone number (rotary, push button)			Self Help/ Domestic Telephone
162	4384 dial 911 on request			Self Help/ Domestic Telephone
163	4385 demonstrate use of telephone to request information			Self Help/ Domestic Telephone
164	4386 answer phone, initiate conversation			Self Help/ Domestic Telephone
165	4387 answer phone, orally relay message from caller			Self Help/ Domestic Telephone
166	4388 terminate phone conversation in an appropriate manner			Self Help/ Domestic Telephone
167	4389 use a pay telephone			Self Help/ Domestic Telephone
168	4390 make a collect call			Self Help/ Domestic Telephone

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
169	4391 use a telephone calling card			Self Help/ Domestic Telephone
170	4392 locate numbers on clock/watch upon request			Self Help/ Domestic Time & clocks
171	4393 manipulate hands in model clock to match sample			Self Help/ Domestic Time & clocks
172	4394 match drawn clock time(s) analog to sample(s)			Self Help/ Domestic Time & clocks
173	4395 match printed clock time(s) digital to sample(s)			Self Help/ Domestic Time & clocks
174	4396 point to drawn/printed clock time(s) named on samples			Self Help/ Domestic Time & clocks
175	4397 match/point to identified times (o'clock, thirty, quarter, number			Self Help/ Domestic Time & clocks
176	4398 set time on a watch			Self Help/ Domestic Time & clocks
177	4399 set time on a clock			Self Help/ Domestic Time & clocks
178	4400 set/turn off alarm on a clock			Self Help/ Domestic Time & clocks
179	4401 recognize times for activities of the day (school, work, meals, bed, medication)			Self Help/ Domestic Time & clocks
180	4402 assist with changing by lifting/rolling hips			Self Help/ Domestic Toileting
181	4403 relax legs to assist with changing			Self Help/ Domestic Toileting
182	4404 when positioned by (table/adaptive potty/toilet or other supportive device) support/bear weight to assist with changing			Self Help/ Domestic Toileting

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
183	4405	cooperate with positioning in an adaptive positioning device during changing		Self Help/ Domestic Toileting
184	4406	remain seated (amount of time) after being positioned on a potty/toilet		Self Help/ Domestic Toileting
185	4407	push down pants for toilet		Self Help/ Domestic Toileting
186	4408	adjust clothing, seat self		Self Help/ Domestic Toileting
187	4409	wash hands after using toilet		Self Help/ Domestic Toileting
188	4410	indicate need to use restroom (verbal, gesture, eye gaze, point to symbol, point to object, carrying picture/photo/object to restroom)		Self Help/ Domestic Toileting
189	4411	take self to restroom (when directed, independently)		Self Help/ Domestic Toileting
190	4412	locate appropriate (seat, urinal, stall) in restroom		Self Help/ Domestic Toileting
191	4413	identify/use restroom items (seats, urinals, sinks, soap dispenser, paper towels, toilet paper, hand dryer, dispenser, toilet seat cover)		Self Help/ Domestic Toileting
192	4414	correctly use toilet paper as part of routine		Self Help/ Domestic Toileting
193	4415	lock stall/exterior door when required		Self Help/ Domestic Toileting
194	4416	get help/use plunger when toilet overflows		Self Help/ Domestic Toileting
195	4417	assist with catheterization by cooperating with required steps		Self Help/ Domestic Toileting
196	4418	self-catheter		Self Help/ Domestic Toileting

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
197	eat using fork to cut soft foods			Self Help/ Domestic Utensils & Silverware
198	use knife to scoop spreadable food, spread food			Self Help/ Domestic Utensils & Silverware
199	use knife to cut food			Self Help/ Domestic Utensils & Silverware
200	use knife with good safety practices			Self Help/ Domestic Utensils & Silverware
201	feed self using an adapted utensil			Self Help/ Domestic Utensils & Silverware
202	feed self using spoon to scoop food			Self Help/ Domestic Utensils & Silverware
203	feed self using spoon to scoop food, eat, and return spoon to dish			Self Help/ Domestic Utensils & Silverware
204	eat using spoon held in fingers			Self Help/ Domestic Utensils & Silverware
205	eat using spoon held between fingers and thumb			Self Help/ Domestic Utensils & Silverware
206	eat using fork to pick up by scooping			Self Help/ Domestic Utensils & Silverware
207	identify dishes in need of washing			Self Help/ Domestic Washing & cleaning dishes
208	put stopper, warm water and dish soap in sink to make dishwater			Self Help/ Domestic Washing & cleaning dishes
209	wash dishes in sink			Self Help/ Domestic Washing & cleaning dishes
210	rinse dishes			Self Help/ Domestic Washing & cleaning dishes

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category
211	dry dishes			Self Help/ Domestic Washing & cleaning dishes
212	use garbage disposal			Self Help/ Domestic Washing & cleaning dishes
213	scrape garbage into trash			Self Help/ Domestic Washing & cleaning dishes
214	load dishwasher			Self Help/ Domestic Washing & cleaning dishes
215	operate dishwasher			Self Help/ Domestic Washing & cleaning dishes
216	unload dishwasher			Self Help/ Domestic Washing & cleaning dishes
217	clean sinks and counters			Self Help/ Domestic Washing & cleaning dishes
218	manage leftover foods, storing as appropriate			Self Help/ Domestic Washing & cleaning dishes
219	apply for a _____ account			Self Help/ Domestic Finances
220	apply for SSI			Self Help/ Domestic Finances
221	list own sources of income			Self Help/ Domestic Finances
222	develop a budget to include food, utilities, and spending money, starting with minimum wage to find average monthly income and a fixed cost for rent			Self Help/ Domestic Finances
223	interview parents and list average cost for house payment/rent and utilities for ___ months			Self Help/ Domestic Finances
224	figure average monthly cost for apartment based on rentals available			Self Help/ Domestic Finances

Behavior List

Ref. No.	Behavior	Grade	Std.	Domain/Category	
225	4447	pay mock bills from a fixed income using mock checks using phone booth and internet for research			Self Help/ Domestic Finances
226	4448	list contact information for setting up telephone and other utilities using phone book and internet			Self Help/ Domestic Finances
227	4449	figure interest amounts and payments based on the purchase price of a house using various interest rates			Self Help/ Domestic Housing
228	4450	contact Independent Living Program and interview staff			Self Help/ Domestic Housing
229	4451	apply for HUD housing			Self Help/ Domestic Housing
230	4452	define typical abbreviations in an apartment/house rental ad			Self Help/ Domestic Housing
231	4453	identify ___ apartments/homes available for rent in the want ads and list with features such as # bedrooms, location, and price			Self Help/ Domestic Housing
232	4454	fill out ___ practice rental applications			Self Help/ Domestic Housing