

Ventura County SELPA, Mary E. Samples, Assistant Superintendent  
and the Ventura County SELPA Community Advisory Committee

Present...

**"TIPS" - Training & Information for Parents**  
**AVAILABLE TOPICS**  
**for Families of Students in Special Education**  
**2012-2013**

1. **"After the IEP: Tips and Strategies for Following-up on Your Child's Special Education Program"** – A panel of parents will share ideas that have worked for them in communicating with school staff to monitor their child's progress. All ages. All disabilities.
2. **"Assistive Technology – From High to Low Tech"** – An overview of assistive technology and ways it can be used to help students to do better in school. All grade levels, all disabilities.
3. **"California Content Standards and Statewide Testing for Special Education Students"** – This presentation will present rationale and strategies for presenting age appropriate core curriculum standards to special education students. K-12, Mild/Moderate disabilities. Presentation will include information on the California Modified Assessment (CMA).
4. **"College Options for the Student with Learning Disabilities"** – Information on programs and the admission process for students with learning disabilities at 4 year colleges and universities, two year community colleges, and community colleges with specialized vocational courses. Secondary. Mild disabilities.
5. **"Curricular and Instructional Modifications for Special Education Students in General Education Settings"** – Ideas for writing a plan to support your child in general education, which is based on his/her learning needs, and tips for assisting with follow through. All ages, Mild disabilities.
6. **"Helping Your Child With Fine Motor Skills"** – Ideas for helping your child to better use his/her hands for tasks such as handwriting and daily living skills. Preschool through Elementary grade levels. All disabilities.
7. **"Helping Your Child with Language and Communication"** – Strategies for encouraging your child at home with language and communication. Preschool through elementary. All disabilities.
8. **"Helping Your Child with Reading"** – Ideas to use at home to support better decoding and comprehension skills. Elementary grade levels. Mild disabilities.
9. **"Helping Your Child with Sensory Issues"** - A fun experiential workshop to help parents understand some of the sensory issues our children face. Also available in Spanish.
10. **"Helping Your Elementary Aged Child with Homework"** – Tips and ideas for supporting your child in getting homework done without upsetting the whole family. Elementary grade level. Mild disabilities.
11. **"IEP: Your Child's Plan for Success"** – An overview of Special Education laws and the IEP process with tips for parents for better participation. All ages and disabilities. Also available in Spanish.
12. **"Parent/Professional Communication Styles"** – An interactive workshop that gives ideas for communication between parents and professionals that promotes positive collaborative working relationships. All ages and disabilities.

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Also available in [Spanish](#).

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13. **“Positive Behavior Support: Skills for Life”** - Strategies for looking at your child’s undesired behaviors and developing a plan for teaching him/her to get their needs met in more positive ways. All ages and disabilities. Also available in [Spanish](#).
  14. **“Social Skills Strategies for Students with Mild Disabilities”** - Ideas to help your child with mild language, emotional or learning disabilities interact better in social situations. All grade levels. Mild disabilities. Also available in [Spanish](#).
  15. **“Supporting Your Child With Attention Deficit/Hyperactivity Disorder”** - Ideas for supporting your child with AD/HD at home while maintaining sanity for the family. All ages with AD/HD. Also available in [Spanish](#).
  16. **“Teens & Hormones”** - A middle school special education teacher will discuss appropriate social sexual behavior for adolescents with developmental disabilities, and sorting out “private vs. public” behavior. Elementary/Middle School – Severe Disabilities.
  17. **“Transition Services in the IEP”** - The process for planning for transition to adult life will be presented. Please let us know what your target population is.
  18. **“Writing Social Stories”** - An overview of Social Stories, a strategy for working with children who have difficulties negotiating social situations. Also available in Spanish.
  19. **“A Journey Through the 2008 Parent Guide to Special Education”** - An interactive, hands-on workshop for participants to “experience” the new Parent Guide. A free copy of the Guide will be given to all attendees.
  20. **“Accessing Your Insurance under the Mental Health Parity Act”** - Information on your rights under the act and strategies for working with your insurance company to access services for children with autism/PDD, schizophrenia, bipolar disorder, anorexia, and other disabilities.
  21. **“My Child is ‘Cutting’ his or herself - What now?”** - Understanding and responding to students who self-mutilate.
  22. **“Avoiding Physical Confrontations”** - Training for Parents on verbal de-escalation strategies.
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## Autism Topics

23. **“Overview of Autism”** - An overview of autism spectrum disorders and how they may affect our children.
  24. **“Latest Research and Trends”** - The regional center psychologist will explore the latest in autism intervention.
  25. **“Community Inclusion”** - Ideas and strategies for including our children with autism in community activities.
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