

Sample

**PREREFERRAL INTERVENTIONS
FOR 26.5 MENTAL HEALTH SERVICES**

Ventura County SELPA IEP

Student Name Paula P D.O.B. 6/1/95 Meeting Date 12/3/10 District STLUSD

I. Describe how emotional or behavioral characteristics impede the student from benefiting from his/her education program. Include rate of occurrence and intensity of emotional/behavioral characteristics:

Paula is very depressed. She is often absent. When in school, her participation is erratic--sometimes withdrawn, sometimes O.K. She missed school on average 1 out of 5 days this semester. Teachers report learning engagement is about 1/3 of the time when present.

II. Were these issues addressed as IEP Goals/Objectives in past IEP(s)? If "no," please give a brief explanation as to why they were not:

Goal for attendance - reward system - did not meet.
Goal for expressing feelings was met.

III. Prereferral Interventions – School counseling and guidance, psychological services, parent counseling and training, social work services and behavior interventions.

A. Use the table below to describe any of the Prereferral Interventions or other school-based interventions that have been implemented to address the goals listed above. Include the frequency, duration and dates of the services.

Service Type	Provider	Frequency	Duration	Start Date	End Date
Group counseling	SELPA	Weekly	12 weeks	1/18/08	4/17/08
Guidance counseling	School Counselor	Monthly	8 months	9/07	5/08
Behavior analysis	District BICM	Once		10/07	12/07

B. Referencing the above chart, please describe the IEP team’s decision to make a referral for mental health services:

Although Paula has had some counseling in groups and individually, the team feels she would benefit from intensive individual counseling with a mental health professional. The external reward system of motivators does not offset her depressive symptoms.

C. Were any Prereferral Interventions considered and determined to be inappropriate? If yes describe and give rationale:

Placement in the ED class - Because Paula does interact and participate in general education about 1/3 of the time when present, it was decided to not place her in a special education class at this time.

Parents given copy of "Chapter 26.5? (Formerly AB 3632) What is it all About?" brochure

Sample

**PREREFERRAL INTERVENTIONS
FOR 26.5 MENTAL HEALTH SERVICES**

Ventura County SELPA IEP

Student Name _____ J.D. _____ D.O.B. _____ 1/12/97 _____ Meeting Date _____ 4/1/10 _____ District _____ Conejo Valley _____

I. Describe how emotional or behavioral characteristics impede the student from benefiting from his/her education program. Include rate of occurrence and intensity of emotional/behavioral characteristics:

J.D.'s anxiety and depressive disorders and ADHD impact his performance in school. He is currently failing algebra, often does not comply with teacher requests. He engages in self-comforting sensory behaviors (touching and playing with hair) which results in inattention to school work.

II. Were these issues addressed as IEP Goals/Objectives in past IEP(s)? If "no," please give a brief explanation as to why they were not:

Goal for compliance met last year, not making progress on this year's goal.
Goal for strategies for managing stressors - uses strategies but they result in him not being available for learning.

III. Prereferral Interventions – School counseling and guidance, psychological services, parent counseling and training, social work services and behavior interventions.

A. Use the table below to describe any of the Prereferral Interventions or other school-based interventions that have been implemented to address the goals listed above. Include the frequency, duration and dates of the services.

Service Type	Provider	Frequency	Duration	Start Date	End Date
Individual Counseling	JFS	Weekly	6 months	10/3/08	present
Individual Counseling	School Psychologist	Weekly	7 months	11/07	6/08
Individual Counseling	School Counselor	Weekly	3 months	3/07	6/07
Behavior Intervention Services	SELPA	Monthly consult	3 months	1/09	present

B. Referencing the above chart, please describe the IEP team's decision to make a referral for mental health services:

Although J.D. has learned some coping strategies for school, his self-comforting behaviors are resulting in his "escaping" from learning. His anxiety and ADHD Continue to impinge on his school performance. The team feels he could benefit from medication and psychiatric monitoring and intensive individual and Family-based therapy.

C. Were any Prereferral Interventions considered and determined to be inappropriate? If yes describe and give rationale:

Functional Analysis Assessment not needed as team knows the function of the non-compliant behavior.

Parents given copy of "Chapter 26.5? (Formerly AB 3632) What is it all About?" brochure