

Ventura County SELPA
www.venturacountyselpa.com
Transition Counseling Worksheet
(To be used with the "Student Input to the Transition Portion of the IEP"
Worksheet, if appropriate for the student)
STUDENT INTERVIEW WORKSHEET

**Not
Annotated**

Student Name _____
Student Age _____ **Years left in school** _____
Special Education Case Manager Name _____
Date(s) of Counseling _____

1) SELF AWARENESS/SELF ADVOCACY:

How do you see yourself as a person/student/worker? What are your strengths and what do you feel are your weaknesses (things that are hard for you)?

What is the disability that makes you eligible for Special Education services? Can you describe it? What are the challenges (if any)?

What are the supports that you need to help you, in school, at home, other places (if any)?

Do you ask for help and supports if needed? _____

What are the things you need to work on to help you be a better self-advocate for yourself:

___ Nothing, I think I'm fine (or):

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-
-

2) INDEPENDENT LIVING:

Where do you see yourself living shortly after you leave school?

Where do you see yourself living 4-5 years after leaving school?

What things do you need to find out/learn/work on in order to achieve your long range goal?

___ Nothing, I'm all set (or):

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-
-

3) CAREER/VOCATIONAL:

Career Interest Tests Taken:

Month/Year:

Career Interest Results: _____

What career(s) are you interested in at this time?

What is it about that/ those careers that you like?

Career Skills Tests Taken:

Month/ Year:

Areas of Strength: _____

Areas of Need: _____

At this time, does it seem as if your strengths and skills are suited for your career interest?

(If yes) What are the things do you need to work on/learn to help you get there?

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You may skip ahead to # 4.

(If no) Are there other careers in your career cluster that seem interesting to you? (and/or)

Are there other careers that are also of interest to you? (and/or)

Do you have a “back up” career in case your first choice does not work out?

If you are not sure, what are some of the things that you could do to explore more about careers:

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-

(If you want to continue to work toward your career goal, despite a current gap between interests and skills:)

What are the areas that you need to work on in order to be ready for your career goal?

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4) EDUCATION/TRAINING:

Does your career require college? _____

Are you planning to go to college? _____

(If yes) Which one? _____

(If you know which college)

What kinds of things do you need to work on in order to get you ready for that college?

___ Nothing, I'm all set (or):

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-

(If you do not know about college, or which one to go to:)

What kinds of things do you need to learn/do to have a better idea about college?

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-
-

(Whether or not you are planning on going to college)

Does your career require a vocational certificate or degree? _____

(If yes) Which one? _____

(If you have a vocational training program in mind)

What do you need to work on in order to get you ready for that program?

___ Nothing, I'm all set (or):

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(If you do not know about vocational training programs for your career)

What are the things you need to learn/find out about vocational training programs?

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