

Activity #2

Objective: To experience difficulty with mobility where the students and parents are only motor challenged

Materials: wheelchair, cones, hat, ball, mini obstacle course

Procedure: Two sets of direction cards will be available. One set will detail the disability and the other set will detail the task. Either the parent or the child will have the disability and the other will be the enabler. Roles can be switched. A card will be chosen from each pile. The task will then be performed.

Direction Set 1-Your Challenge

This will list disabilities with explanations as follows:

Explain disability instead of terms. i.e. You have no use of your lower body. There may be the loss of the left side or right side of your body.

- 1. paraplegic**
- 2. quadriplegic**
- 3. broken leg in 6 places-need for leg rest (sticks straight out)**
- 4. severe weakness in legs**
- 5. spina bifida**

Direction Set 2-Tasks

- 1. pick your hat up off the floor**

- 2. go between a set of cones**
- 3. steer in and out of the door**
- 4. kick a ball**
- 5. play catch**
- 6. go through mini-obstacle course**
- 7. back up and then go forward**
- 8. go through two angled mats set up like high walls - this following directions like playing "hot and cold"**