

CHOOSE AND ADAPT**Objective**

This activity was designed to allow students the experience of choosing and adapting a game to include a person who has a disability.

Materials

None

Activity

Joe is in your class. He uses two canes to walk and wears a brace on his right leg. You like him and so do other kids. Joe would like to play with you at recess, but he cannot run.

Can you figure out some game to play? Can you think of how to change a game? Can you adapt? Here are a few hints:

1. List the actions of the game.
2. What actions need changing so Joe can play?
3. How would you change those actions?
4. Try out the changes—play the game!
5. After the game talk about what happened—did the changes work? Are there other ways to play? How did everyone feel playing by new rules?

* Adapted from *Aware-News*, United Cerebral Palsy of the North Bay