

PROGRAM GOAL



The goal of the Children's Intensive Response Team (C.I.R.T.) Program is to keep the youth of Ventura County in the community in the least restrictive setting. C.I.R.T. strives to achieve this goal by supporting families during crisis situations by restoring safety in the home, developing safety and family recovery plans, and providing linkage to appropriate mental health services, thereby reducing the frequency and intensity of future crises.

Casa Pacifica's Mission

Casa Pacifica provides hope and help for abused, neglected, or at-risk children and their families.

At Casa Pacifica we:

- **Value the dignity of each individual**
- **Respect the culture and community of each client we serve**
- **Practice ethical, data based decision making**
- **Support each individuals effort to achieve full potential**
- **Foster an environment of trust and mutual respect**

FOR FURTHER INFORMATION CONTACT:

Julie Glantz, LCSW
Program Manager
(805) 914-1224

Fax: (805) 482-0987



Children's Intensive Response Team (C.I.R.T.)

Children's Mobile Crisis Response



24 HR/Crisis Hotline
Phone: 1-866-431-CIRT
1-866-431-2478

WHAT IS THE C.I.R.T. PROGRAM?

Children's Intensive Response Team is a mobile crisis response service available to all Ventura County youth up through the age of 21yrs. C.I.R.T. contracts with Ventura County Behavioral Health (VCBH) to provide children's crisis services in collaboration with the Ventura County Crisis Team. The C.I.R.T. program is available 24 hours/day and 7 days/week. The program's objective is to provide quick and accessible service to families by providing specialized crisis intervention, in-home support and linkage to county mental health services. By working in collaboration with the child's existing treatment team, our program's goal is to prevent psychiatric hospitalization, detention in juvenile detention facilities or placement in out-of-county facilities, and to provide linkage to appropriate mental health services, thereby preserving families as well as communities.



Program Philosophy

- The belief that when provided with support and useful therapeutic tools, the child can learn to manage their symptoms, yielding success in the home, school and community.
- The belief in the importance of cultural competence and sensitivity and multi-lingual mental service delivery in meeting the diverse cultural needs of our customers.
- The belief that the parents/care-givers of the child are an important and valuable part of the child's treatment team.
- The belief that children who have experienced, or are experiencing serious emotional distress during times of crisis, loss and transition will stabilize successfully when provided with competent and comprehensive short-term services.
- The belief that providing children with specific, measurable and accomplished short goals will stabilize the crisis.
- The belief in the importance of self-determination and the formulation of individualized Crisis Plans involving the child and family in this process, highly valuing their input from the onset of service delivery.
- The belief in the importance of children being placed in the least restrictive environment.
- The belief in the commitment to client and family wellness, creating well-being, obtaining balance in one's life and helping the child to realize their potential.



C.I.R.T. SERVICES ARE FOR CHILDREN WHO:

Any child up through the age of 21 in Ventura County that is engaging in behaviors that puts him/her at risk of out-of-home placement. Examples include:

- ⇒ Suicidal or self-harm ideation or behaviors.
- ⇒ Aggressive behavior towards others at home or in the community.
- ⇒ High risk behavior (i.e. substance abuse, running away from home) or non-compliant behavior towards authority figures.

WHERE IS THE C.I.R.T. PROGRAM AVAILABLE?

C.I.R.T. staff are available by phone for children throughout Ventura County 24/7. Staff will be available to respond to a crisis in person usually within 60 minutes. Services are provided irrespective of insurance availability or ability to pay.