

Following are some strategies you might see included in a Positive Behavior Support Plan or Behavior Intervention Plan. Not all strategies may be appropriate for all students.

Changing or Eliminating Non-Desired Behaviors

- All staff are well-versed in the details of the Positive Behavior Support Plan (PBSP) or Behavior Intervention Plan (BIP)

To increase use of the replacement behavior:

- Student is taught the replacement behavior (s).
- Staff intentionally model the replacement behavior to allow the student to practice to ensure learning.
- Student is instructed to practice using the replacement behavior in non-stressful times and settings.
- At the beginning of the instructional period, student is reminded to use the replacement behavior to get his/her needs met, if appropriate.
- Student is reminded at the beginning of instructional period of reinforcers to be earned for appropriate use of replacement behavior (Eg, verbal, pictures), if appropriate.
- If student begins to show signs of using the non-desired behavior, student may be prompted to use the replacement behavior. (Verbal, pictures, modeling)
- Staff ensure that tools or supports the student may need for replacement behavior (Eg, communication boards or cards, weighted vest, access to calming area) are readily available.
- If student attempts to use the replacement behavior, staff immediately reinforces prompts or encourages according to the plan.
- If student uses the replacement behavior, reinforcement is given exactly as specified in the plan.
- Staff chart incidence of prompting and interventions to increase the replacement behavior, as specified in the plan.
- Staff chart incidence of the use of the replacement behavior, as specified in the plan.
- Staff chart incidence of reinforcement given for use of the replacement behavior, as specified in the plan.
- Team continues to evaluate effectiveness of the reinforcer (to ensure that student continues to be motivated by that reinforcer).
- Team meets regularly to review progress toward use of the replacement behavior.
- If student is increasing in successful use of the replacement behavior, a plan is made for fading the number of interventions and/or reinforcement.

To decrease use of the non-desired behavior:

- Student is reminded, as appropriate, at the beginning of the instructional period to use the replacement behavior to get his/her needs met, rather than the non-desired one. (Pictures, modeling, verbally, etc as above).
- Student is reminded, as appropriate, of the reinforcers to be earned for lack (or reduction of) non-desired behavior, if specified in the plan.
- At the beginning of the instructional period in which a non-desired behavior is likely to occur, staff ensure that all necessary accommodations and supports are in place, as specified in the plan. (Eg, appropriate materials, environment, level of instruction, people, etc).
- If student shows signs of using the non-desired behavior (escalation), student may be prompted (or reminded) to use the replacement behavior. Student may also be reminded of potential reinforcers, according to the plan.
- Staff redirect student to another place or activity or change the stimulus as necessary to reduce use of non-desired behavior
- If student completes a specified amount of time without the use of the non-desired behavior, student is immediately reinforced as specified in the plan.
- Staff collect data on the use of interventions to reduce the non-desired behaviors as specified in the plan.
- Staff collect data on the incidence of the non-desired behavior.
- Staff collect data on the incidence of reinforcement earned for reducing or eliminating the use of the non-desired behavior.
- Team meets regularly to analyze the data.
- If student is improving in reduction of the non-desired behavior, fading may begin to reduce the level of prompting and/or reinforcement needed.
- If student is improving in the reduction of the non-desired behavior, staff may be rotated to assure generalization.
- If the behavior increases again, the interventions and reinforcement may be increased to readdress.