

Public Mental Health Services

What:

County Departments of Mental Health provide services which address social/emotional needs which impact functioning at home, at school, or in the community.

Who:

These services are available to children and youth who:

- ◆ Have MediCal
- ◆ Have Healthy Families Insurance
- ◆ Are uninsured and meet income guidelines

How:

If you live in Ventura County, call the VCBH Screening, Triage, Assessment and Referral (STAR) office at 1-866-998-2243 to refer your child for mental health services.

For Los Angeles County, call the LADMH Access Center 24/7 Helpline 1-800-854-7771.

Then What:

Your child will be assessed, and if found eligible, will be assigned a clinician. The clinician will work with your child, family, and other important people in your child's life to address his or her needs. Services may include:

- ◆ Individual Therapy
- ◆ Group Therapy
- ◆ Case Management
- ◆ Collateral Services
- ◆ Psychiatry

Not Eligible for Public Mental Health?

If you have insurance, call your insurance company about services.

Need a low cost referral? Call the 211 hotline and let them know the area you live in.

Need a Parent to Talk to?

United Parents

391 S. Dawson Drive, Suite 1A
Camarillo, CA 93012
(805) 384-1555



Rainbow Family Resource Center

2401 E. Gonzales Rd., Suite 100
Oxnard, CA 93036
(805) 485-9643 or (800) 332-3679
(805) 485-9892 – Spanish

Ventura County
Special Education Local Plan Area (SELPA)

Mary E. Samples, Assistant Superintendent

My Child has Emotional & Behavioral Challenges. . .

How can I find help?



Ventura County
Special Education Local Plan Area (SELPA)
5100 Adolfo Rd., Camarillo, CA 93012
(805) 437-1560 – Fax: (805) 437-1599
www.venturacountyselpa.com

Do your Child's Social/Emotional Issues Impact Performance in School?

S/He may be Qualified for Special Education Services

Speak to your child's teacher about making a referral for special education, call your district (see below) or go to the SELPA website for information about making a referral for special education.

Ventura County School Districts

| | |
|------------------------|----------------------|
| Briggs | (805) 933-2254 |
| Conejo Valley Unified | (805) 497-9511 x221 |
| Fillmore Unified | (805) 524-6029 |
| Hueneme Elementary | (805) 488-3588 x9300 |
| Las Virgenes Unified | (818) 878-5243 |
| Mesa Union | (805) 485-1411 |
| Moorpark Unified | (805) 378-6300 |
| Mupu | (805) 525-0422 |
| Oak Park Unified | (818) 735-3208 |
| Ocean View | (805) 986-6778 |
| Ojai Unified | (805) 640-4300 x309 |
| Oxnard Elementary | (805) 387-1501 x2161 |
| Oxnard Union High | (805) 385-2829 |
| Pleasant Valley | (805) 445-8676 |
| Rio | (805) 485-1442 |
| Santa Clara | (805) 525-4573 |
| Santa Paula Elementary | (805) 933-8836 |
| Santa Paula Union High | (805) 525-4406 x2025 |
| Simi Valley Unified | (805) 306-4500 x4302 |
| Somis Union | (805) 386-5711 |
| Ventura Unified | (805) 641-5000 x1123 |

Does your Child Receive Special Education Services?

S/He may be a Candidate for Intensive Social/Emotional Services for Special Education Students (ISES)

What:

This program provides services to Special Education students who have significant emotional or behavioral problems that impact their educational performance and require intense intervention in order to be successful at school.

Who:

A student eligible for consideration has:

- ◆ A current Individualized Education Program (IEP) for Special Education Services
- and
- ◆ Educational needs that require assistance in both educational and therapeutic areas that require intensive supports.

Students with emotional/behavioral problems at home only, (not at school), would not be eligible for these services.

How:

Start by speaking to your child's special education case manager or district administrator. Your school district may initiate the referral for assessment for ISES.

Several things are considered in the assessment process:

- ◆ The severity and duration of the problem
- ◆ How the student's emotional or behavior problem(s) are affecting his or her access to school
- ◆ Behavioral counseling services the student has received in the past, both school and community

Then What:

After assessment is completed, an IEP team meeting will be held to consider assessment results. If the team agrees they are necessary for the student to benefit from school, some of the following services may be provided:

- ◆ Individual Counseling
- ◆ Group Counseling
- ◆ Social Work Services
- ◆ Parent Counseling and Training
- ◆ Behavior Intervention Services

IEP goals will be developed to address the student's performance in school. Parents will receive regular progress reports toward these goals.

